

# Creating a Psychologically Safe and Accountable Workplace, What is and isn't Psychological Safety

#### Overview

Explore the concept of psychological safety and accountability in the workplace, understanding trauma's impact on employees and how to create a supportive environment. Learn from sectors already applying trauma-informed practices to enhance employee well-being and productivity.



## **How This Training Will Benefit You**

This training offers invaluable insights into creating a workplace where psychological safety and accountability are prioritized, leading to improved employee engagement and productivity. By understanding the nuances of trauma and its widespread impact, you'll be better equipped to recognize signs of trauma in employees and take proactive steps to support them. Learning from sectors that have successfully implemented traumainformed practices, you'll gain practical strategies to build a nurturing, safe, and accountable work environment that respects and enhances the human experience. This course is essential for leaders aiming to cultivate a culture of empathy, understanding, and resilience within their organizations.

### **Training Objectives**

Equip participants with knowledge to foster a psychologically safe workplace.

- Define psychological safety and trauma, understanding their significance in the workplace.
- Identify signs of trauma among employees and its effects on behavior and engagement.
- Implement four key steps to develop a traumainformed workplace that supports employee well-being.

#### **Structure**

Experience a custom-fit learning journey, scheduled and structured to suit your organization's needs:

- When A full/half-day/lunch-and-learn that can be adjusted according to your availability.
- Where Virtual or on-site options to suit your preference
- Content- Content delivery tailored to meet your organization's contextual needs (i.e. unique challenges facing your industry, or a particular work group)





