Creating a Psychologically Safe and Accountable Workplace, What is and isn't Psychological Safety

Overview

Explore the concept of psychological safety and accountability in the workplace, understanding trauma's impact on employees and how to create a supportive environment. Learn from sectors already applying trauma-informed practices to enhance employee well-being and productivity.

Course Objectives

Equip participants with knowledge to foster a psychologically safe workplace.

- Define psychological safety and trauma, understanding their significance in the workplace.
- Identify signs of trauma among employees and its effects on behavior and engagement.
- Implement four key steps to develop a trauma-informed workplace that supports employee well-being.

How This Course Will Benefit You

This course offers invaluable insights into creating a workplace where psychological safety and accountability are prioritized, leading to improved employee engagement and productivity. By understanding the nuances of trauma and its widespread impact, you'll be better equipped to recognize signs of trauma in employees and take proactive steps to support them. Learning from sectors that have successfully implemented trauma-informed practices, you'll gain practical strategies to build a nurturing, safe, and accountable work environment that respects and enhances the human experience. This course is essential for leaders aiming to cultivate a culture of empathy, understanding, and resilience within their organizations.

Course Structure

Experience a custom-fit learning journey, scheduled and structured to suit your organization's needs:

- When - A full/half-day/lunch-and-learn that can be adjusted according to your availability.
- Where - Virtual or on-site options to suit your preference
- Modules - Customized content on wellness fundamentals
- Support Sessions - Regularly timed virtual discussions for ongoing support
- Expert Access - Wellness professionals available as per your schedule
- Evaluations - Continuous progress tracking to meet your goals

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