



Behaviour Risk Management: Mitigating Risks of Workplace

Overview

This course dives deep into identifying, assessing, and mitigating the risks associated with workplace behavior, including psychosocial hazards. It covers strategies for promoting mental health and safety, managing stress, and supporting employees through challenges both in and outside of work.



How This Course Will Benefit You

Participating in this course will equip you with the knowledge and tools necessary to effectively manage behavioral risks within your organization, enhancing overall workplace safety and productivity. You'll learn to identify specific psychosocial hazards, assess their potential impact, and implement targeted interventions to mitigate these risks. By fostering an environment that prioritizes mental wellness and safety, you'll contribute to creating a supportive, resilient, and engaged workforce. This course is essential for leaders committed to maintaining a healthy, productive workplace environment amidst the challenges of modern work life.

Course Objectives

Master the skills needed to manage and mitigate behavior risks in the workplace. This helps us to:

- Identify psychosocial hazards and assess their risk to employee well-being.
- Implement tailored controls for mitigating identified risks, including design of work and situational training.
- Develop strategies to promote positive mental health outcomes, utilizing resources like EFAP and mental health programs.

Course Structure

Experience a custom-fit learning journey, scheduled and structured to suit your organization's needs:

- When - A full/half-day/lunch-and-learn that can be adjusted according to your availability.
- Where - Virtual or on-site options to suit your preference
- Modules - Customized content on wellness fundamentals
- Support Sessions - Regularly timed virtual discussions for ongoing support
- Expert Access - Wellness professionals available as per your schedule
- Evaluations - Continuous progress tracking to meet your goals